



Center . . . for Soul Work

Special Saturdays

*Join a supportive community
of women Soul Seekers on
Saturdays and take time to
center . . . for soul work.*

**When we meet we have a specific focus
with some form of**

- **Dream Work**
- **Creative Expression**
- **Body Movement**
- **Poetry and Music**
- **Journaling**
- **Large and Small Group Sharing**
- **Ideas to take Home**

***“The Saturday sessions provide a framework for
soul work, insight, and creativity throughout the
year -- a mini-retreat once a month -- along with
a wonderful opportunity to visit with a group of
women I completely love and trust.” Marsha***

Next Offering:

***November 17th
Acceptance & Gratitude***

*Focus of each
Special Saturday will be
determined upon flow and
need of the group.*



Around the 2nd Saturday of the month

10:00 am to 5:00 pm

\$190 for the day (lunch is included)

Register by contacting Ann at:

anndobbartin@gmail.com

Limited to 10 people.

You are courageous women..... seeking your Soul..... honoring the journey of consciousness. I encourage you to keep making time to be in a Community of Soul Seekers.

Ann Dobbartin, LCSW-C

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